

RAISE

FITNESS & WELLNESS
DOHA







THIS IS WHERE I GO TO BELONG

RAISE Fitness & Wellness is a neighborhood club with a focus on inclusive experiences. It has a strong community feel, making it a place where you belong.

Boasting an environment of compassion and acceptance, RAISE strives at giving its members a sense of being they don't experience elsewhere.

THIS IS WHERE I GO TO ACHIEVE

Whether you are training as a way to meet up with friends or training for performance, multiple areas are within reach depending on individual's fitness goals and mood.

Daily classes, wellness consultants, PT sessions and nutrition recommendations are assets available to guide members in their fitness journey.

THIS IS WHERE I GO TO FEEL GOOD

With a holistic approach to wellness, we address the needs, passions and desires of the whole self. The mood is bright, simple and elegant. The flow is seamless and great energy is created here. It is never too loud or too aggressive. It is never too dull or too quiet. It feels natural, it is simple, it is easy.

MEMBERSHIP RATES



ALL INCLUSIVE

SINGLE

QR 6,700	-	6 MONTHS
QR 3,800	-	3 MONTHS
QR 1,490	-	1 MONTH

COUPLE

QR 9,375	-	6 MONTHS
QR 5,650	-	3 MONTHS
QR 2,490	-	1 MONTH

DAY PASS QAR 300

All rates are in Qatari Riyals. Rates are subject to change without prior notice.

*Terms and conditions apply.



FITNESS

SINGLE

QR 2,880	-	6 MONTHS
QR 1,680	-	3 MONTHS
QR 690	-	1 MONTH

COUPLE

QR 4,325	-	6 MONTHS
QR 2,675	-	3 MONTHS
QR 1,225	-	1 MONTHS

DAY PASS QR 125

All rates are in Qatari Riyals. Rates are subject to change without prior notice.

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*All prices are discounted by 30% for the pre-opening period

MEMBERSHIP BENEFITS

RAISE Fitness and Wellness at Qetaifan Island North gives Members the opportunity to take advantage of a host of added benefits.



ALL INCLUSIVE MEMBERSHIP

- Complimentary access to fitness facilities
- Complimentary pool and beach access
- Induction fitness assessment and personal training session with one of our in-house coaches
- Complimentary outdoor group fitness classes
- Complimentary Valet parking
- 20% discount on F&B at Azure Beach and Ammos Greek restaurant
- RAISE Welcome Kit

FITNESS MEMBERSHIP

- Complimentary access to fitness facilities
 - Induction fitness assessment
 - Complimentary outdoor group fitness classes
 - One All-Inclusive voucher per month for two
 - Free parking
 - 10% discount on F&B at Azure Beach and Ammos Greek restaurant
 - RAISE Welcome Kit
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*All prices are discounted by 30% for the pre-opening period



PERSONAL TRAINING ONE-ON-ONE		
DURATION	FEE	VALIDITY
1 hour	QR 350	1 day
10 hours	QR 3000	1 month
20 hours	QR 5500	2 months
30 hours	QR 7500	3 months

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GROUP FITNESS CLASSES	
MEMBERS	FREE
NON-MEMBERS	QR 95/CLASS QR 850/10 CLASSES (Validity 1 month) QR 1500/20 CLASSES (Validity 2 months)

Group Fitness Timetable is available from The RAISE Qetaifan reception and web page. All rates are in Qatari Riyals. Rates are subject to change without prior notice.
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RAISE FITNESS AND WELLNESS

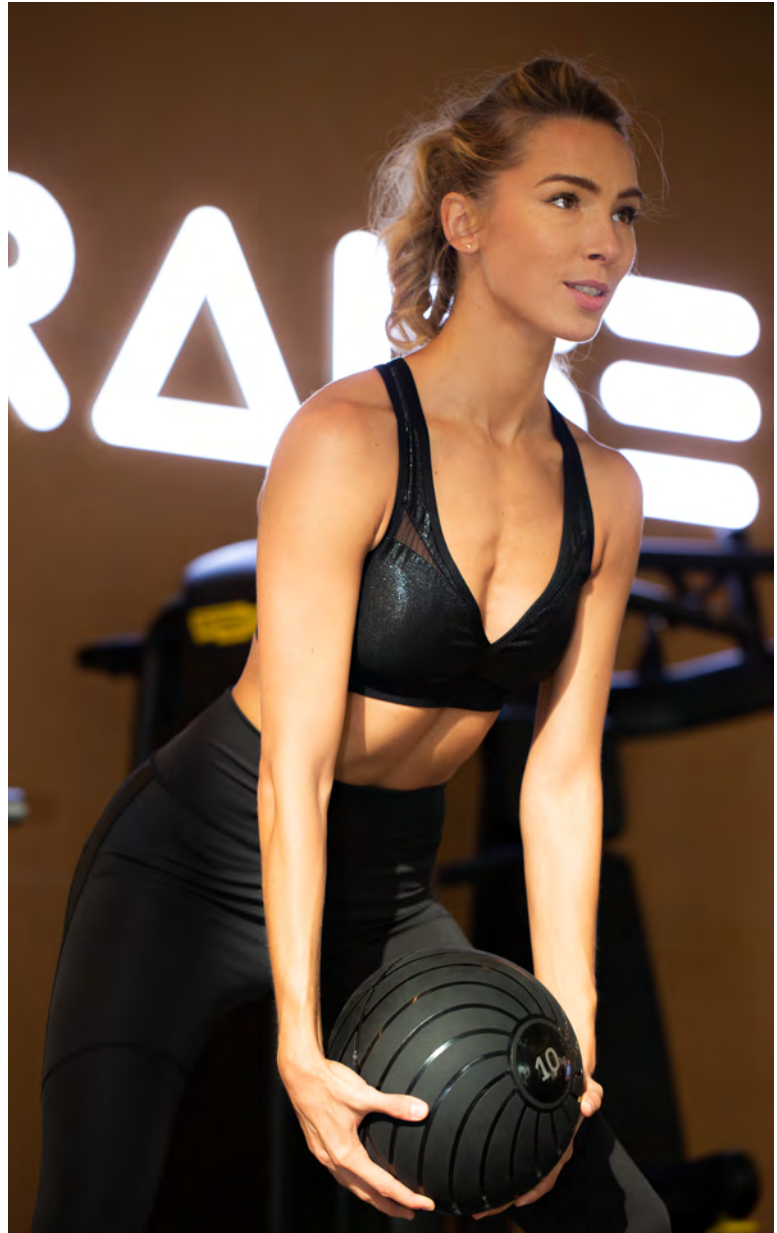
A community driven fitness & wellness facility located at Qetaifan Island North, with its state-of-the-art Technogym® equipment, it offers an inclusive rather than exclusive environment for exhilarating workouts.

All cardio machines include inbuilt LED screens, multiple TV channels and internet connection.

Our personal trainers and fitness staff are also on hand to guide you in getting the most out of your workout, creating a routine that maximizes your results and meets your goals.

RAISE Fitness and Wellness boasts an outdoor group fitness area, dedicated strength training section and Skill Line section.

Our guests can also enjoy use of complimentary Wi-Fi and a beautiful outdoor space.



Qetaifan Island North
www.raisefitnesswellness.com
[@raisedoha](#)



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